**Classroom Counseling Lesson Plan**

|  |  |  |
| --- | --- | --- |
| **Lesson Title** | **Grade Rage** | **Time Needed** |
| **Balloon Trolleys** | **6-12** | **10-20 minutes** |

|  |  |  |
| --- | --- | --- |
| **Domain** | **Mindset Standards** | **Behavior Standards** |
| **Career/SE** | **2, 5, 6** | **LS1, LS2, LS8, SMS10, SS2, SS6, SS7** |

**Learning Objectives:**

* **Students will work together to solve a problem**
* **Students will use creativity to solve a problem**
* **Students will use critical thinking skills to solve a problem**

**Supplies/Materials:**

* **Balloons (1 per person)**

**Outline:**

1. Give each student a balloon and have them blow theirs up and tie off.
2. Instruct the group they are to get their balloons from a designated Point A (typically a line on one side of the room) to a designated Point B (a line of the other side of the room).
3. Once they cross Point A they may not touch the balloons with arms, legs, or mouths.
4. If one balloon touches an off-limits body part, the floor, or any furniture, they must all start over.
5. You may make this more difficult by putting obstacles between Points A and B, and/or making the group select members to be blindfolded.

**Process Questions:**

* How did you work together so your whole team could make it from Point A to Point B?
* What strategies worked? Did not work?
* How is problem-solving and teamwork related?
* How does this activity relate to using creativity?