**Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| Friend “Ship” | K-2 | 20-30 minutes |

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| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Emotional/Social | MS2, MS3 | LS1, LS2, LS4, LS6, SMS2, SMS3, SS2, SS3, SS4 |

**Learning Objectives:**

Students will be able to:

* Identify good qualities of a friend
* Identify and demonstrate good actions friends display

**Supplies/Materials:**

* Construction paper
* Scissors
* Glue
* Writing utensil, crayons/markers, ship template (if desired)

**Outline:**

1. Counselor will begin class by asking students “What do you like about your best friend?” Use classroom discussion to explore reasons why kids are friends.
2. Counselor should then ask “What makes a good friend?” Explore why students think these qualities are important to a friendship.
3. Counselor should then ask “Why are friends important?” Counselor can use this question to link friendships to daily tasks, careers, etc.
4. Counselor should then explain the friend “ship” and why students are making one.
   1. The friend “ship” is used to remind us that we all have to be a good friend and if we want to be on someone else’s friend “ship” we need to show them the same qualities we would want on our ship (the golden rule).
5. Make friend “ship”
   1. Students will cut out ship shapes and glue together
   2. On the sail, students should write characteristics of a good friend (ex: kind, silly, helpful)
   3. On the base of boat, students should write \_\_\_(name’s)\_\_\_\_ Friend “ship”
6. Counselor should end the lesson by reviewing information discussed in the lesson.