**Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| Hidden Heroes | 3-5 | 30 minutes (X2) |

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| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Career/ES | 1, 2, 4 | LS: 2, 10 SM: 1, 2, 3 SS: 1, 2, 6, 7, 8, 9 |

**Learning Objectives:**

* Students understand that people serve others daily
* Students recognize that they can serve others

**Supplies/Materials:**

* White board and marker

**Outline:**

1. Ask students if they can define what the word Hero? (someone who gives or acts to help others and doesn’t expect anything in return)
2. Have the class brainstorm people they think are heroes. (Ask them to think of people in their community if they don’t)
3. Ask students: Is someone who gets paid to do a job a hero (a doctor, a teacher)? Why or why not?? Sometimes?? When??
4. Ask students: Can you be a hero?
5. Discuss with students possible service projects they could do to give back to their community. (only allow them to do something simple, and something they can do mostly on their own)
   1. Examples:
      1. Saving pennies to donate to the backpack program or food pantry
      2. Holding a food drive
      3. Volunteering independently and reporting back to the class
      4. Collecting cat or dog food for the human society
      5. Holding a car wash and donating the money
      6. Cleaning the gym after a ball game
6. Help students plan and carry out their project