**Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| Learning Styles Research | 9, 10 | 30 min - 45 min |

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| **Domain** | **ASCA Mindset Standards** | **ASCA Behavior Standards** |
| Academic Development | M2, M4, M5 | B-LS3, B-LS4, B-LS8,  |

**Learning Objectives:**

* Students will be able to Identify their learning styles and utilize them in learning.

**Supplies/Materials:**

Computer/SDMyLife Log In Information

**Outline:**

1. Begin with an activity
	1. Say Aloud: “Everyone stand up, stick out your right arm, bend it at a 90 degree angle, make a circle with your finger and thumb, Touch your chin with the circle” (actually demonstrate and touch your cheek when demonstrating).
		1. Auditory learners may have actually touched their chin, the visual/tactile learners may have watched and touched their cheeks.
2. Have students go to SDMyLife.com and complete the Learning Styles Assessment under the Assessment Tab

**Process Questions:**

* What are some study tips that might help an Auditory Learner?
* What are some study tips that might help a Visual Learner?
* What are some techniques that might help a Tactile Learner?