**Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| **Occupation Exploration** | 9-12 | 45 minutes |

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| **Domain** | **ASCA Mindset Standards** | **ASCA Behavior Standards** |
| Career | 2,3 and 6 | LS4, LS5,LS6,LS7,LS9, SM5, and SS1 |

**Learning Objective**

* Students will demonstrate the ability to find information on a specific occupation in the Occupational Outlook Handbook.

**Supplies/Materials:**

* Computer and <http://www.bls.gov/oco/> site.
* SDMylife username and passwords and [www.sdmylife.com](http://www.sdmylife.com) site
* Career Matchmaker results.

**Outline:**

1. Login to sdMylife and have them take the Matchmaker, 39-116 questions.
2. Complete the attached Occupational Outlook Handbook Career Matchmaker Exercise.

**Process Questions:**

* Did you learn anything that surprised you in your occupational search, i.e. the pay, the education required or the job outlook?
* Did your occupation require a licensure?
* Of the three search methods that you used in the Occupational Outlook Handbook, which one would you most likely use in the future if you were looking for information regarding an occupation?

***Occupational Outlook Handbook Exercise using Career Matchmaker Results***

***Finding information on specific occupation in the Occupational Outlook Handbook online:***

1. ***Using your career matchmaker results, choose an occupation that most interests you. Go to*** [***http://www.bls.gov/oco***](http://www.bls.gov/oco) ***and find your occupation using the alphabetical index at the top of the page. Then write the full title of your occupation as it appears in the Occupational Outlook Handbook \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***How many hours per week do people work in this occupation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Level of education\_\_\_\_\_\_\_\_\_\_\_\_\_ Field of education \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***What is the overall job outlook for this occupation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***How fast is employment in this occupation projected to grow in the future, compared to the average for other occupations? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***List at least two trends that will affect the employment outlook of this occupation in the future: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

1. ***Pick another occupation from your Career Matchmaker list\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Find it in the occupational outlook handbook, using the “Occupation Finder” feature at the top of the page (use forward arrow to sort through the occupation list).***

***About how many people were employed in this occupation in 2010? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***What is the annual salary or wage for this occupation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***What is one agency or organization that someone might contact for more information about this occupation? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

1. ***Think about the occupation of a relative or friend and try to find the occupation in the Occupational Outlook Handbook, using the general occupation groups along the left hand side of the home page. Write the full title of the occupation (as it appears in the occupational outlook handbook) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***The occupation group where I found this occupation was\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***In what industry or type of business do the majority of the people in this Occupation work? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Do the wages for this occupation very greatly (more than $10,000 annually) according to the industry or type of business where the occupation is employed?***

***Circle yes or no.***

***List at least one occupation that is related to the occupation you search for, based on the occupational outlook handbook \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

1. ***Of the research methods that you used in the occupational outlook handbook, which one did you find the most helpful and why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Why might you use one of the other search options in another instance? \_\_\_\_\_\_\_\_\_\_\_***

***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***