**Classroom Counseling Lesson Plan**

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| **Lesson Title** | **Grade Range** | **Time Needed** |
| Snowball | 3-5 | 20-30 minutes |

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| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Career/Academic/Emotional Social | 1 | LS: 1 SM: 5 SS: 1, 3, 4 |

**Learning Objectives:**

Students will be able to:

* Recognize other individual’s perspectives on a topic.
* Communicate personal thoughts on a topic.

**Supplies/Materials:**

* Blank paper
* Writing utensil
* Poster board (optional)

**Outline:**

1. Counselor will introduce choice topic.
2. Distribute a piece of paper and writing utensil to each student in the class.
   1. Counselor may want to go over rules for appropriate answers.
3. Counselor should then pose a question/statement about the topic.
   1. Sample questions:
      1. Name a career in the education and training career cluster.
      2. Write a sentence explaining the dangers of drugs.
4. After students answer the question, instruct them to crumple the paper into a “snowball” and throw it across the room.
   1. Counselor may want to go over safety rules prior to doing this activity.
5. Have students pick up a snowball and read the other persons answer.
6. Students should then answer the question again.
   1. Students’ response should be different than what was previously written.
7. Repeat directions as many times as desired.
8. Counselor may want to record students’ answers on a poster board.
9. Counselor should end lesson with discussion questions pertaining to information discussed in the class activity.