**Classroom Counseling Lesson Plan**

|  |  |  |
| --- | --- | --- |
| **Lesson Title** | **Grade Range** | **Time Needed** |
| Who Am I? | K-2 | 45 minutes |

|  |  |  |
| --- | --- | --- |
| **Domain** | **Mindset Standards** | **Behavior Standards** |
| Career | 5 |  |

**Learning Objectives:**

* Become aware of careers in the home, community and school environment
* Describe personal qualities (dependability, promptness, getting along with others) necessary for getting and keeping a job.

**Supplies/Materials:**

* + Hat Outline handout (attached)
  + Pictures of workers’ hats (find online or in picture books)
  + Scissors
  + Construction paper
  + Stapler (for teacher use to put hats together)

**Outline:**

1. Have students brainstorm some jobs where workers where hats.
2. Show students pictures of different hats that workers may wear and have the identify the hat (police officer, firefighter, chef, construction).
3. Have students identify some personal qualities that are necessary for a person to do each of these jobs.
4. Give each student a strip of construction paper and a hat outline.
5. Have each student draw a picture of a job that they may be good at or interested in having. While they are drawing, have them brainstorm one reason why they would be good at this job.
6. Instruct students to cut out the hat outline and attach it to the construction paper to be worn as a hat.
7. Have students share their hats with the class and share one quality they have that would make them good at this job.

Adapted from: Omaha Public Schools Career-Occupational Elementary Guidance Curriculum K-6. (2006).

Hat Outline

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_